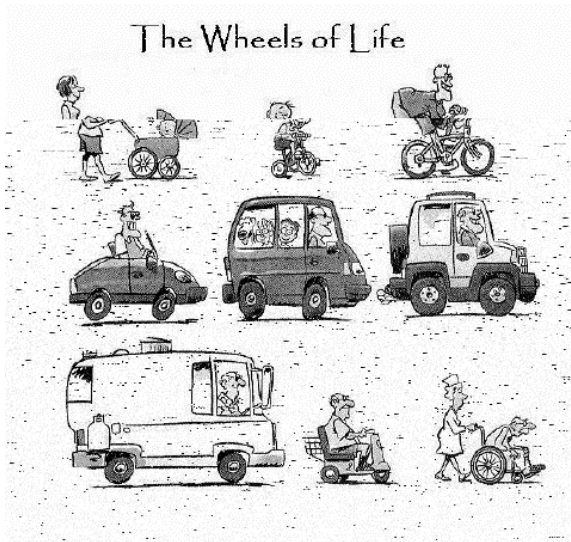


## WHAT IS CENTRAL COAST CASE MANAGEMENT SERVICES

Central Coast Case Management Services provides individual community case management for people on the Central Coast, focusing on the Gosford local Government Area.



Case Management assists people to make decisions about their lives & to independently live in the community.

## WHEN SHOULD YOU CONTACT CENTRAL COAST CASE MANAGEMENT SERVICES

You should contact Central Coast Case Management Services when you or a person you know is:

- ◆ Having difficulty coping at home, considering going into residential care, & requiring assistance with day to day tasks:
  - \* personal care
  - \* nursing care
  - \* housework
  - \* meals
  - \* shopping
  - \* gardening
  - \* transport
  - \* respite
  - \* home modification and maintenance
  - \* access to social activities
- ◆ Unable to obtain the services you require
- ◆ Needing a variety of service to be co-ordinated
- ◆ Seeking assistance to maintain your role as a carer



## HOW CENTRAL COAST CASE MANAGEMENT SERVICES HELP

The Central Coast Case Management Services staff can help by:

- ◆ Visiting you and your carer at home to discuss what are the difficulties & managing at home
- ◆ Explaining the services and options available to meet your individual needs
- ◆ Keeping in touch on a regular basis to provide further assistance if your needs change

## WHO CAN REFER TO CENTRAL COAST CASE MANAGEMENT SERVICES

Anyone can make a referral to Central Coast Case Management Services

- ◆ You can refer yourself
- ◆ Doctor
- ◆ Family members
- ◆ Friend
- ◆ Hospital Staff
- ◆ Other Service Providers

## HOW MUCH DOES CENTRAL COAST CASE MANAGEMENT SERVICES COST

Services arranged for the client involve a cost or contributions.

Costs to clients, agreed with Central Coast Case Management Services, are in the form of a negotiated contribution towards the cost of the total care package.

Basic maintenance and support services will be provided to clients even if they are unable to contribute financially.



## FOR MORE INFORMATION CONTACT CENTRAL COAST CASE MANAGEMENT SERVICES

113 Blackwall Road  
WOY WOY 2256

**Telephone (02) 4343 1888**

Facsimile (02) 4344 6506

Postal Address:

P.O. Box 273

Woy Woy 2256

Office Hours Mon - Fri

8.30 a.m. to 4.00 p.m.



This service is to assist people living in our community who are:

- ◆ Younger people with moderate to severe disabilities
- ◆ Older people who are frail
- ◆ People with dementia related disorders
- ◆ Carers

*If you need the Interpreting Service to assist you in contacting Central Coast Case Management Services, please call 131 450*

## CENTRAL COAST CASE MANAGEMENT SERVICES

For the residents of the  
Central Coast  
focusing on the  
Gosford Local Government Area

A Home and Community Care Project



Managed by the  
**PENINSULA  
COMMUNITY**